



Clearview Outpatient Los Angeles specializes in treating adults 18 years and older who have mood, personality, psychotic, and co-occurring autism spectrum disorders.

Levels of Care

Partial Hospitalization Program (PHP):

Meets in person five days a week from 9 am to 4:30 pm.

Intensive Outpatient Program (IOP):

Available three or five days a week on Monday, Wednesday and Friday.

Evening IOP Track: Monday, Wednesday, and Thursday from 6:00 PM - 9:00 PM.

What We Treat

- Anxiety disorders
- Attention-deficit/hyperactivity disorder (ADHD)
- Autism spectrum disorder (ASD)
- Bipolar disorder
- Depressive disorders
- Emotional dysregulation
- LGBTQ+ counseling and therapy
- Mood disorders
- Personality disorders including borderline personality disorder (BPD)
- Post-traumatic stress disorder (PTSD)
- Self-harm
- Suicidal ideation

Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. In-Network contracts include Anthem Blue Cross, Beacon, Blue Shield, Cigna/Evernorth, Kaiser, Optum, Prime Healthcare, VA Community Care Network, Multiplan PPO and First Health PPO.

Our Program

Our team of skilled clinicians utilizes evidence-based methods utilize a whole-person approach that includes the following:

Modalities:

- Acceptance and commitment therapy (ACT)
- Cognitive behavioral therapy (CBT)
- Dialectical behavioral therapy (DBT)
- Expressive art therapy
- Meditation
- Psychodrama therapy
- Seeking safety

Specialty groups may include:

- Building a life worth living
- Family dynamics
- Healthy relationships
- Life transitions
- Nutrition & wellness
- Understanding anger

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

What Sets Us Apart

- Comprehensive DBT program with evening phone coaching support.
- Substance use disorder track tailored to individual needs

Clearview Outpatient – Los Angeles provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 310.634.0881.

All calls are 100% confidential.



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clearviewtreatment.com/losangeles



Clearview Outpatient – Los Angeles is a proud part of the Odyssey Outpatient Network.