



Clearview Outpatient - Long Beach specializes in treating adults, 18 years and older, who are experiencing severe symptoms related to mood disorders, substance use disorders, personality disorders and post-traumatic stress.

## Levels of Care

### Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

## What We Treat

- Anxiety Disorders
- Bipolar Disorder
- Co-occurring Autism Spectrum Disorder (ASD)
- Depressive Disorders
- Emotional Dysregulation
- Mood Disorders
- Substance Use Disorder
- LGBTQ+ Counseling and Therapy
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Self-harm
- Suicidal Ideation

## Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Conflict Resolution Group
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive Art Therapy
- Family Therapy
- Grief and Loss
- Healthy Relationships Group
- Meditation
- Psychodrama Therapy
- Relapse Prevention
- Self-Esteem Group
- Trauma Processing

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations (PHP only). Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 562.573.9685 to discuss financial and insurance options.

Clearview Outpatient – Long Beach provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 562.573.9685

All calls are 100% confidential.



Joint  
Commission  
Accredited

Clearview Outpatient – Long Beach  
249 E. Ocean Blvd. Suite 1000  
Long Beach, CA 90802

[odysseyoutpatient.com/long-beach](https://odysseyoutpatient.com/long-beach)



Clearview Outpatient – Long Beach is a proud part of the Odyssey Outpatient Network.