



Los Angeles specializes in treating adults, 18 years and older who have Mood, Personality, Psychotic, and Co-Occurring Autism Spectrum Disorders.

## Levels of Care

### Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

## What We Treat

- Anxiety Disorders
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- Bipolar Disorder
- Depressive Disorders
- Emotional Dysregulation
- LGBTQ+ Counseling and Therapy
- Mood Disorders
- Personality Disorders including Borderline Personality Disorder (BPD)
- Post-Traumatic Stress Disorder (PTSD)
- Self-harm
- Suicidal Ideation

## Our Program

Our team of skilled clinicians utilizes evidence-based methods utilize a whole-person approach that includes the following therapies:

- Cognitive Behavioral Therapy (CBT)
- Conflict Resolution Group
- Dialectical Behavioral Therapy (DBT)
- Expressive Art Therapy
- Healthy Relationships Group
- Meditation
- Psychodrama Therapy
- Self-Esteem Group

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 310.634.0881 to discuss financial and insurance options.

Clearview Outpatient – Los Angeles provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 310.634.0881.

All calls are 100% confidential.



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Clearview Outpatient – Los Angeles is a proud part of the Odyssey Outpatient Network.